Director's Annual Report

Submitted by MeriBeth Adams-Wolf, Executive Director

Fiscal Year 2018-2019



Our Place Drug and Alcohol Education Services, Inc

We can't do it alone... but together we can do it all!

Staff of Our Place

MeriBeth Adams-Wolf - Executive Director Karen Keeler - Administrative Assistant and Fiscal Officer

Susan Hudson – Program Coordinator (4th Grade LifeSkills – Floyd County, New Beginnings and Families in Transition)

Cheryl Graves – Program Coordinator (2nd Grade Footprints for Life)

Jessica Johnson - Program Coordinator (Afterschool ROCKS – 4th Grade - Floyd County)

Richard Vance - Prevention Educator (7th Grade LifeSkills – and Parents Who Host Lose the Most – Floyd)

Loraina O'Nan - Prevention Educator (2nd Grade Footprints for Life, Afterschool ROCKS and BTS Afterschool)

Casey Nesmith – Program Coordinator (Floyd County Partnerships for Success – Prescription Drugs, 9/10th Grade LifeSkills)

Neta White – Program Coordinator (Clark County Partnerships for Success – Underage Drinking)

Angie Schindler – Prevention Educator (Clark County – LifeSkills 6th and 9th Grades)

Kimberly Chumbley - Program Coordinator (Early Intervention and Journey outpatient – Adults and Adolescents)

Joe Blandford – Program Coordinator (Harrison County – Corydon Office – outpatient)

Tina Hamilton - Program Coordinator (Floyd County Tobacco Prevention and Cessation Coalition)

Barb Bridgwater – (Youth Count and Youth Tobacco Prevention)

Payton Kruer - Contracted Counselor - Harrison County Office

Joyce Browning - Afterschool Group Helper (Afterschool ROCKS in Floyd County)

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A big thank you to our volunteers!!

Review of Programs:

Early Intervention Program

1 – American Indian

This Our Place program consists of 10 one and a half hour sessions. The program meets on Monday evenings for adolescents and Tuesday evenings for adults from 6:00 to 7:30 PM. The program serves individuals and families, both youths and adults. Referrals are from local and surrounding county Juvenile and Adult probation departments, Schools, Social Service Agencies, Employer EAPs, as well as Self Referrals. The program continues to be used by the Floyd County Prosecutor as their first offender Drug and Alcohol Diversion program, and we are now contracted with New Albany/Floyd County Schools for their students for assessments and first line of treatment. There were 166 referrals. Of 166 referred:

136 - Caucasian

10 - African American

13 - Bi-Racial

1 - Asian

57 - Below Poverty Level

55 - Poverty level to 200%

42 - Above 200

12 - Unknown

5 - Hispanic

100 - Males
66 - Females
7 - Floyd Co.
55 - Clark Co.
3 - Washington Co.
85 - Adults (18 & older)
15 - Harrison Co.
179 - Teens (13-17)
1 - Scott Co.
2 - Child (12)
11 - Jefferson Co., KY
2 - Bullit Co., KY.

1 – Scott Co. 1 – Oldham Co. KY

Alleghany Co. VA Court – 1	Internet - 1	
Clark Co. DCS – 29	Jefferson Co. KY Court - 4	
Clark Co. Juv. Probation - 21	Jefferson Co. KY. DCS - 1	
Clark County Family Court - 1	Johnson County Probation - 1	
Delaware Co. Court – 1	Lawyer - 2	
Fayette Co. KY CPS – 1	Michigan Court - 2	
Floyd Central HS – 20	New Albany HS - 6	
Floyd Co. DCS – 8	North Harrison HS - 1	
Floyd Co. Diversion – 11	Peace Corps - 1	
Floyd Co. Juv. Probation - 22	Scribner MS - 2	
Georgia Probation – 1	Self - 10	
Gulf Shores AL Probation - 1	Simpson County KY Court - 1	
Harrison Co. DCS – 2	South Carolina Court - 1	
Harrison Co. Juv. Probation – 2	Taylor Co. KY Court - 1	
Hazelwood MS – 2	Washington Co. Adult Probation - 1	
Highland Hills MS - 1	Washington Co. Juv. Prob 1	
	Work - 1	

There were $\underline{8}$ referrals for assessment only. There were $\underline{2}$ Heroin specific referrals, 20 involving Meth), $\underline{32}$ specifically due to alcohol, 67 specifically for THC, $\underline{1}$ for involving Rx drugs and $\underline{36}$ for Polysubstance, multiple drugs used or other related issues.

Staff members involved in this program includes Kimberly Chumbley, LAC, LSW, Program Coordinator, and MeriBeth Adams-Wolf, LCAC. Financial support for the program is from client fees, Floyd County Alcohol, Tobacco and Other Drug Abuse Task Force, New Albany Floyd County Schools (student referrals) and Department of Child Services for both adult and adolescent referrals.

The Journey Adolescent/Adult Outpatient Program

Journey is now in its tenth year and provided services to **8** youth and **16** adults this past fiscal year. The adolescent component incorporates Seeking Safety, an evidenced based treatment program that addresses both PTSD and Substance Abuse. The treatment is based on 5 central ideas: 1) Safety as a Priority; 2) integrated Tx of PTSD and Substance Abuse; 3) focus on ideals; 4) 4 content areas: Cognitive, behavioral, interpersonal and case management; and 5) attention to therapist processes. This program seeks to support adolescents, adults, and their families in a recovery program. The adolescent program lasts for 16 weeks and meets three days a week for ten weeks (includes the education session on Monday evenings and group sessions on Tuesdays and Thursdays) then two times for the remaining six weeks. The adult component includes the Education component on Tuesday evenings and a group counseling sessions on Tuesday and Thursday evenings for a minimum of 16 weeks. Also, group members who graduate may continue to attend sessions for support and as part of an aftercare/continued care plan. The adult group has 10 individuals that make regular appearances in the groups on a monthly or semimonthly basis, and the adolescent group has 5 that attend regularly..

The program coordinator Kimberly Chumbley, LAC, LSW, has been with Our Place for 3 years, starting off as an intern August 2016, and officially hired March 2017. Referrals are sporadic in attendance, which is to be expected from this type of program unless the referral source takes an active role in supervising the progress of their referral. Marketing the outpatient program to potential referrals sources and building that relationship is key to sustaining this program. This program received funding this past fiscal year through: fees based on a sliding scale; mini-grants from the Floyd County Alcohol and Other Drug Abuse Task Force, Clark County Youth Coalition, and Department of Child Services for both adult and adolescent referrals.

Afterschool ROCKS in Floyd County

Our Place offers the Afterschool Rocks program to 4th grade students in Floyd County. Along with help with homework, snack and recreation, the focus programmatically is on two objectives, social-emotional learning (mental health promotion) and skill building for the purpose of substance abuse prevention. In order to document progress within the program we use the Devereux Student Strengths Assessment (DESSA) developed by the Devereux Center for Resilient Children, a 32 item pre/posttest completed by the parent, teacher or afterschool staff. This helps identify strengths and weaknesses relative to social emotional competencies. We also use The Ripple Effect - an evidence-based software tutorial system utilized in a tailor made

fashion for each student to help build skill areas identified as weaknesses for each child through the DESSA. Jessica Johnson, the Program Coordinator administering the program, preselects the content for students by choosing from an array of topics on the basis of the student population's needs and the goals being targeted.

The substance abuse prevention, evidenced based curriculum we use is the universal prevention curriculum Mendez Foundation's Too Good for Drugs and Violence Afterschool Curriculum, which is on the National Registry for Evidence Based Programs and Practices, supports social emotional learning, has been normed consistent with targeted population and setting and has the projected outcomes of substance abuse prevention. TGFD focuses on developing personal and interpersonal skills to resist peer pressures, goal setting, decision-making, bonding with others, having respect for self and others, managing emotions, effective communication, and social interactions. The program also provides information about the negative consequences of drug use and the benefits of a nonviolent, drug-free lifestyle. This program reached a total of 215 students in the 2018-19 school year. We reached Fairmont (23), S. Ellen Jones (21), Slate Run (18), Floyds Knobs (37), Mt. Tabor (31), Georgetown (35), Grant Line (23), and Greenville (27).

Footprints for Life

Our Place continues to offer Footprints for Life, an evidenced based substance abuse prevention program that enables young children to learn and practice life skills and make positive early decisions about topics related to their health. It does so through a six-week lesson format using puppets as well as interesting and understandable stories. Weekly journals and other teaching activities are also implemented. In the school year 2018-2019, Our Place provided the Footprints for Life program to a **total of 2,225** students which is an increase from the previous year:

Clark County School and # of classrooms	Floyd County School and # of classrooms	Harrison County School and # of classrooms	Washington County School and # of classrooms	Scott County School and # of classrooms
Thomas Jefferson (2) - 52	Georgetown (4)-121	Lanesville (2) – 50	Bradie Shrum (6)-	Austin (4) -
			130	81
Utica (3) – 86	Mt. Tabor (4)- 104	North Harrison (4)-86	East Washington (5)-	
			100	
Riverside (3) - 72	Floyds Knobs (5)-	South Central (2)-37		
	121			
Northaven (3) -77	Grant Line (5)-129	Morgan (2)-53		
	Fairmont (3)-70	Heth Wash (1)-25		
Bridgepoint (3)-46	Greenville (3)-77	New Middletown (1)-19		
St. Paul's (2)- 38	Holy Family (2)-33	Corydon (7) 160		
Pleasant Ridge (6)-166	St. Mary's of the			
	Knobs (1)-20			
Sacred Heart (1)-26	Green Valley (3)-71			
Wilson (3)-71	Slate Run (3)-63			
	S Ellen Jones (2)-41			
9 schools	11 schools	7 schools	2 schools	1 school
26 classes	32 classes	19 classes	11 classes	4 classes
634 students	850 students	430 students	230 students	81 students

	Those schools who did not receive the program **			
Clark	Floyd	Harrison	Washington	Scott
New Washington			West Washington	Johnson
Parkwood				Lexington
Silver Creek				Scottsburg
Borden				
Clarksville				
Spring Hill				

^{**} All schools are approached at the beginning of each year. Some schools while wanting the program, for scheduling reasons were not able to receive the program. Other schools (administrators) focus strictly on educational needs and do not allow outside programming into the classroom. Our Place continues to advocate for the program in all schools - supporting the need to address the "whole" child.

Our Place Prevention Educators Cheryl Graves, BA, and Loraina O'Nan, MSW, covered all counties. This program received support from Metro United Way, Indiana Department of Child Services (prevention grant renewed), Floyd County ATOD Task Force, Harrison County Substance Abuse Prevention Coalition, and Clark County Youth Coalition.

LifeSkills

The LifeSkills Training Program is an evidence-based program based upon extensive research, designed to prevent important factors leading adolescents to use one or more drugs, alcohol and tobacco by teaching a combination of health information, general life skills and drug resistance skills. In Floyd County, Our Place staff taught the program in 4th grade, 7th grade and 9th/10th-grade. In Clark County staff taught the program in Greater Clark Schools and Providence Jr/Sr High School in the 6th and 9th grades. Sessions are approximately 40 to 50 minutes long and vary in the number of sessions based on the grade level from 8 up to a possible 15 sessions. In the 2018-19 school year, in Floyd County, Our Place staff served 834 4th-graders, 838 7th graders, and 762 high school students (predominantly 9th/10th grade) with LifeSkills. In Clark County, Our Place staff served 365 middle school students, and 790 high school students. Overall, **Our Place staff served 3,589 students with LifeSkills.**

Flovd County

Total Number of students served: 2.434

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Fairmont Elementary: 71	Green Valley Elementary: 63
Grant Line Elementary: 114	Greenville: 74
Mount Tabor: 120	Hazelwood Middle School: 232
Floyds Knobs Elementary: 156	Highland Hills Middle School: 375
Holy Family: 20	Scribner Middle School: 262
Georgetown Elementary: 104	New Albany High: 419
Slate Run Elementary: 63	Floyd Central High School: 343
S Ellen Jones: 49	

Clark County

Total Number of students served: 1,155

Charlestown Middle: 97(Fall Semester)	Charlestown High: 169(18/19 School Year)
River Valley Middle: 199(Fall Semester)	New Washington High: 50(18/19 School Year)
New Washington Middle: 46(Fall Semester)	Jeffersonville High: 482(18/19 School Year)
Providence Middle School: 23(18/19 School Year)	Providence High School: 89 (Fall Semester)

Forty Developmental Assets

Our Place was fortunate through grant funding to continue to support this initiative by contracting with Barb Bridgwater – the coordinator for Youth Count. The funding for the organization was no longer there, but we have contracted directly with Barb to continue to continue to write a monthly column for the News and Tribune, and to do emails blasts and social media posts to parents, youth workers and others supporting the 40 developmental assets and how they can operate as protective factors to help prevent substance abuse. Additionally, Barb's part-time role with Tina on the Tobacco Prevention and Cessation grant provides additional opportunities to further promote Developmental Assets and Asset Relationships.

<u>Bridge to Success (BTS)</u> Collaboration with New Albany Floyd County Schools "Too Good Club"

Our Place has participated as a partner with NAFCS in the BTS project for a number of years. This is a 21st Century Learning funded project that targets youth needing additional education support. The students who participate in tutoring also then get to participate in "clubs" as a reward/engagement mechanism. Loraina O'Nan assumed the responsibility for this program last year and has continued to provide afterschool programming at the BTS school site during the school year – with funds from Redevelopment Block Grant; the school site is Slate Run Elementary. These high risk youth in the 2nd-4th grades, meet once per week for approximately ten weeks, using the Too Good for Drugs and Violence evidenced based curriculum in conjunction with arts/craft projects. Last fiscal year Our Place served 24 youth in these "clubs".

Parents Who Host Lose the Most

This program is an environmental strategy of prevention to educate the community – particularly the parents – on the risks associated with underage drinking and the legal consequences of allowing youth to consume alcohol. The campaign encourages parents and the community to send a unified message that teen alcohol consumption is unhealthy, unsafe and unacceptable. Our Place purchased the program from the Drug Free Action Alliance in the fall of 2012 and began building support through the Prosecutor's Office, the local police and other key figures in the community.

Information regarding this is currently being shared on our *Parents Who Host, Lose the Most* Facebook page, at health fairs and community events, in classrooms and school events, back to school open houses, through parent pledge cards sent home to approximately **1,155** students' parents from a local middle school and through our various forms of advertising, such as radio, newspaper, a billboard, digital advertising on TVs in local restaurants, and in local school's sports programs. In prior years, gathered data from parent surveys at high school sporting events such as a football and basketball game. We were able to reach parents and ask them to complete surveys about their perception of underage drinking. We will continue to distribute information to parents (through PTO, PTA meetings and community events) and other adults who may be purchasing/providing alcohol to those who are underage, and we will survey parents again. The predominant way youth are obtaining alcohol in our community is through those over 21 – including parents and other family members.

Additional activities to support social hosting will include the Sticker Shock Campaign (December or January), and Town Hall on underage drinking (December).

New Beginnings

This program targets divorcing, already divorced and separated parents in order to reduce the impact upon children which may lead to mental health issues including substance abuse. The program itself consists of 10 weekly 2 hour group sessions and is offered to mothers and fathers in separate groups as recommended by the program developers. The parents learn and practice skills to improve the quality of the parent-child relationship, the effectiveness of discipline, reduce exposure to co-parenting conflict, and decrease barriers to non-residential parent-child contact - all of which support healthy child development. Each session consists of a short lecture, skill demonstration, and opportunities to practice the skill presented. Those participating in the program are assigned homework after each session affording opportunities for difficulties and successes in implementing the skills at home to be discussed in subsequent sessions. Two master's level professionals (Susan and Kimberly) co-lead each group and in the fall of 2019, Neta White M.Ed. began assisting Susan. Local Judges have been a referral source for this program, as well as Mediators, Guardian ad Litem attorneys and Parenting Time Coordinator attorneys. However, marketing and recruitment continue to be the challenges for this program. This fiscal year, we served 21 parents, and 17 of those completed the program which means that 32 children were impacted by New Beginnings. Eleven of those children had both parents learning the same skills, which is the program ideal. We continue to receive excellent feedback from participating parents and the legal community about the program.

Families In Transition (FIT)

Our Place also offers Families in Transition, a shorter program that also targets divorcing parents that are mandated to attend a workshop regarding their divorce and co-parenting before the divorce is granted. There is strong evidence that divorce can negatively affect the psychological well-being of spouses. Separation and divorce require people to adapt to rapid change, which can undermine an adult's ability to parent and leave the children at risk for anxiety and depression. Families in Transition (FIT) offers parents a six-hour educational program on how to effectively cope with the problems that result from divorce. The program also has a children's component which we are not offering at this time. The program helps parents respond appropriately to their children's divorce related concerns. It helps parents work together to meet the needs of their children, which makes them less likely to return to court to resolve their differences. One master's level professional (Susan) led each group this fiscal year. We can take referrals from throughout Southern Indiana, as well as parents from Kentucky for the parent-only participants.

From July, 2018 through June, 2019 Families In Transition has served 39 parents. Marketing and recruitment have been a challenge for this program due to a "one-stop" divorce parenting class offered in Clarksville called "Transparenting". However, we have several attorneys who are insisting their clients attend FIT rather than the Transparenting class. Our website has been quite helpful in listing the class schedules for potential participants.

Floyd County-Partnership for Success

Our Place received a grant through the Indiana Department of Mental Health and Addictions to address prescription drug abuse in Floyd County. This grant is part of Indiana's Partnership for Success Initiative (PFS). Casey Nesmith was given the task of coordinating this effort. The workplan for this project includes reaching out to physicians and pharmacists to educate and train in the use of the INSPECT monitoring system and prescribing practices; educating patients and employers about the potential dangers of prescription drugs, preventing injuries, and alternative treatments; and increasing the use and number of prescription drug drop off sites.

Since the beginning of this project there has been an INSPECT training brought to Floyd County every year and the Sheriff's Department has participated in National Drug Take Back Day for 4 years in row with at least one mobile disposal site every year. We have also helped to triple the number of prescription drop boxes in Floyd County since the beginning of this grant. As a follow up to our resource packets to physicians and dentists in Floyd County last year, we sent letters with data and CDC protocol reminders to local providers. As part of PFS Our Place has given several presentations on prescription drugs, addiction, and drug trends to health care providers including Baptist Health Floyd and the Southern Indiana Dental Association, as well as a several local employers. We also continue to participate in employee health fairs for most of our largest employers in Floyd County. We also sent letters to local restaurants to educated them on substance abuse issues and bring awareness to the food service industry being at higher risk.

To address social norms in Floyd County, this project has been using a social norms campaign, Be The Majority, to educate the public and send a positive message to youth. This strategy includes signs, ads, and every participant in high school and middle school LifeSkills gets a T-shirt.

To support all of the strategies in the work plan we have been working with Raycom Digital Media on a social marketing media campaign which has enabled us to reach a broader audience using their marketing expertise and technology. This campaign resulted in nearly 3 million digital ad impressions in a 6 month time frame.

This project also includes evidence based programs, WISE (Wellness Initiative for Senior Education) Program and LifeSkills at the high school level which includes New Albany and Floyd Central High Schools in Floyd County. The WISE Program is a substance abuse prevention and wellness program targeting older adults that promotes health through six education sessions that address high-risk behaviors in older adults. The WISE Program is designed to help older adults celebrate healthy aging, make healthy lifestyle choices and avoid substance abuse. We partnered with the Indiana University Southeast Nursing Department to help with presenting the curriculum at three sites. Four cohorts were completed last fiscal year; Christ Gospel Church, Mark Elrod Towers, Brookview Glen Apartments, and Christ United Methodist Church. There were a total of 104 participants that attended at least one session and 56 participants successfully completed (attended 5 out of 6 sessions) the WISE program, nearly doubling our number of completions from the previous year.

Clark County- Partnership for Success

Our Place received a grant through the Indiana Department of Mental Health and Addictions to address underage and binge drinking in Clark County. This grant is part of Indiana's Partnership for Success Initiative (PFS). Neta White currently coordinates this effort. The objectives of the Clark County initiative is to improve and increase prevention/education programs.

Our first strategy is to provide Lifeskills classes. These classes address the risk factors due to lack of perception of harm and peer approval. In Clark County, Our Place is targeting 6th grade students in the Greater Clark and 9th grade students in Our Lady of Providence School Districts. Richard Vance started the fiscal year as the Prevention Educator, and Neta White has been brought on to finish out the school year(2018-2019-GCCS 9th graders were included this calendar year). For the 2019-2020 school year Angela was brought in as a prevention educator. The Lifeskills program has worked with Charlestown Middle School, New Washington Middle School, Parkview Middle School, River Valley Middle School and Our Lady of Providence High School, reaching 1,155 students so far this fiscal year.

Our second strategy is to increase general public awareness of local issues related to alcohol use specifically targeting the issues of underage and binge drinking. This will be accomplished through an increase in community education through public presentations, and the local media. A third strategy is to implement a community wide social norms marketing campaign that demonstrates that the majority of youth do not drink. We will also address the fact that youth in Clark County do not believe drinking is harmful and that alcohol is readily accessible. The Parents Who Host Lose the Most program and the Be the Majority campaign will address these issues through a billboard, digital media, t-shirts, etc. Our Place partners with Indiana University and goes on campus to address several issues; using the buddy system, Indiana laws on drinking, non-alcoholic options, and how to intervene if someone is drinking too much or is in danger.

Our fourth strategy is to reduce access to alcohol by working with alcohol providers to card, limit alcohol marketing and to help make law enforcement efforts visible in order to address the risk factor of availability. Our Place is working collaboratively with the Indiana State Excise Police by reviewing their Clark County compliance visits on a quarterly basis and publicly recognizing the alcohol outlets that are in compliance. In addition, staff is visiting each alcohol outlet in Clark County to check for signage on ID checks and 21 and over entrance/purchasing. This involves speaking to the clerks, and providing them with an education packet that addresses the harmful effects of underage drinking, information on Parents Who Host and social host laws. To further address the issue of underage drinking, Our Place will host the "Sticker Shock" campaign. This campaign goes in the local vendors, with the permission of the vendor, and places stickers on the packaged beer that asks if the buyer is aware that it is illegal to purchase alcohol for minors. Our Place will also have a Town Meeting in December to discuss this issue as well.

Partnership with New Albany Floyd County Schools:

Our Place provides ongoing teacher in-services in New Albany Floyd County schools for elementary, middle and high school teachers to review current youth use data, trends, prevention programming that is ongoing and training on recognizing students impacted by substance abuse. This training is also offered to parents through school events, forums, PTO and PTA meetings throughout the year. The parents also receive parenting for prevention tips as well.

Additionally, Our Place partners with the schools to provide services to those students who present themselves at risk by violating school alcohol, tobacco and other drug policy and/or related laws. Our Place completes a full assessment on students referred and then provides services based on the level of intervention indicated. This can range from early intervention education/counseling, to outpatient programming. Supportive programming is also offered to parents.

<u>Partnerships with Harrison County Probation, Community Corrections and Detention Facility</u>

Intensive Outpatient and Outpatient Programs:

Our Place, recognizing the need for chemical dependency treatment options for adults in Harrison County, Indiana recently began offering intensive outpatient as well as outpatient drug and alcohol programs for adults. This treatment program incorporates The Matrix Model and Seeking Safety, which are recognized by the Substance Abuse and Mental Health Services Administration as an evidence-based outpatient programming. This programming is designed to aid in increased understanding of addiction, enhancing social support systems, development of new coping strategies, decreasing criminal behavior and continued engagement with personal recovery process. From June 1, 2018 to July 30th, 2019 we completed 128 assessment-intakes with 90 individuals successfully completing IOP/OP programming. Most entered our Aftercare Program and 68 individuals successfully completed both the outpatient program and aftercare program within the fiscal year. Majority of our clients successfully completed probation, reentered the workforce, have enrolled in college, regained custody of their children, some have started their own businesses, and almost all have re-entered their family systems and communities living a drug and alcohol-free lifestyle.

On average, we maintain between 25-30 individuals in outpatient programs weekly. This program recognizes the challenges that adults experience in re-entering communities from incarceration, returning to a drug-free life and the challenges of staying drug-free for the future.

Evidence Based Programs:

Our Place Inc. in Corydon also provides 3 Evidence Based Programs (EBP) which include the Batterer's Intervention Program (BIP), Moral Reconation Therapy (MRT), and The Moving On Program.

The BIP program is an evidence-based program designed to help men charged with or convicted of violence against an intimate partner or related offense. It provides education to identify abusive behaviors, develop alternatives to violence, and explore the impact of violent or abusive behavior on intimate partners, children, and others. 12 men successfully completed the 6-month BIP programming between June 1, 2018 to July 30th, 2019.

The MO program is an evidenced based program designed for women to address the risk factors that can lead to abuse and criminal behavior. It provides women with alternatives to criminal activity by helping identify and mobilize personal and community resources. 11 women successfully completed the 6-month Moving programming between June 1, 2018 to July 30th, 2019.

The MRT program is an evidence based cognitive behavioral treatment program that leads to enhanced moral reasoning, better decision making and more appropriate behavior. The classes address substance use, criminal thinking and offender accountability. 18 clients successfully completed the 6-month MRT programming between June 1, 2018 to July 30th, 2019.

Harrison County Detention Center Services:

Our Place Inc. in Corydon also provides substance abuse and general mental health screening and counseling inside the facility of Harrison County Detention Center. These services include psychoeducation groups, addressing psychosocial concerns, substance use disorder assessments and counseling as well as basic screening for mental health concerns. Our Place Inc. staff is able to build rapport with individuals while incarcerated and to provide them with resources to connect with outpatient treatment and other services after their release. The Harrison County Detention Center houses approximately 225 men and women who a majority receive services provided by Our Place Inc. staff at some point during their incarceration.

Our Place Inc. in Corydon serves individuals from several rural communities in Harrison County who have faced multigenerational substance abuse and mental health disorders coupled with a significant lack of reliable services for decades. We have assisted with the re-entry of individuals from incarceration back into the community and workforce, worked closely treating individuals with severe substance use disorders, supported pregnant females struggling with the stigma of substance use disorders and incarceration, provided care for individuals on Medicated Assisted Treatment (MAT) medications with their transition to abstinence, and connected individuals to community resources for mental health and additional services.

Staff providing programs in Harrison County consists of Joe Blandford, MSW, LCAC – who leads the outpatient, MRT and detention based programs, and Payton Kruer who is working towards her MSW – who leads the Batterer's Intervention, Moving On and Aftercare groups.

Floyd County Tobacco Prevention and Cessation Coalition

This past year Tina Hamilton, Tobacco Prevention Coordinator has been working closely with New Albany Housing Authority to assist them in developing a smoke free ground policy for not only their employees but residents as well. Tina has begun working with the head start staff and will continue to work very closely with them to help them educate parents on the dangers of second hand smoke as well as third hand smoke. She has attended approximately 10 community health fairs. She has also been working with WIC to assist their pregnant population of clients to become smoke free.

The Tobacco Coalition sponsors the Red Ribbon Poster contest each year, awarding the winner(s) in a ceremony which is being held at IUS. This year Tina was given the opportunity to speak to over eight hundred, 7th grade students. Tina engaged the youth in conversation about alcohol, tobacco, and other drugs while explaining the poster contest. The winning posters are displayed in the lobby of Baptist Health Floyd Hospital and the overall winner is placed on the digital billboard on I-265. Tina also advocated this year to the Harvest Homecoming Committee in an effort to make the Harvest Homecoming festival smoke free; Harvest did not go smoke free but the conversation will continue in the next year.

Tina has begun to reach out to employers in Floyd County to determine their smoking policies and encourage them to go smoke free, she will continue this work. She has also begun reaching out to physicians, and other service providers including dentists to enroll them into the Indiana Tobacco Quitline.

Review of Community Based Collaboration and Activities

Floyd County Step Ahead Council

The Step Ahead Council is a community collaborative whose task is to help identify what services are offered, existing gaps and to advocate for needed services. There are a number of focus groups within the Step Ahead Council. The Floyd County Alcohol, Tobacco & other Drug Task Force, which also serves as the Local Coordinating Council for the Governor's Commission for a Drug-Free Indiana, is one of the focus groups on which Our Place has actively participated this past year, and the Case Management Consortium. Barb serves as co-chair of this group.

Floyd County ATOD Task Force (Local Coordinating Council)

Casey attends this meeting on behalf of Our Place and is the prevention representative on the executive committee; Barb also serves as the Vice Chair on the Advisory Board. Our Place has and will continue to take an active role within this group in order to advocate for more of a presence in the community and transparency in their business procedures.

New Albany Floyd County Schools Community Wraparound Meeting

Barb attends Wraparound on behalf of Youth Count and also represents Our Place. Kimberly will also be attending this meeting in the future. It is an opportunity to discuss specific student cases in relation to the school system and the coordinated services needed.

S. Ellen Jones Student Wraparound Meeting

Our Place has been asked to attend these meetings held by the school in order to provide insight into how substance abuse in the home affects students behaviorally at the elementary level. These meets consist of those that work with students on behavior issues, including the school social worker, contracted therapist, and school staff. These meetings occur on a weekly basis to staff individual student needs, but staff attends at least one time monthly for targeted support on student issues pertaining to substance use in the home/family. The school has also asked Our Place to aid in creating and hosting regular events to support grandparents who may be raising youth due to parental involvement with substance abuse.

Clark County Youth Coalition (Local Coordinating Council)

Our Place attends these meetings for the opportunities to network and technical assistance and as a requirement for our Clark County Partners for Success grant. Our Place has received grants through this coalition to assist with the Journey outpatient program and the Footprints for Life program. Casey Nesmith also sits on their advisory board.

Harrison County Substance Abuse Prevention Coalition (Local Coordinating Council)

The Harrison County Substance Abuse Prevention Coalition provides support for Footprints for Life; therefore staff members attend these monthly meetings on a regular basis. Our continued participation on this collaboration has afforded us an opportunity to possibly expand outreach into Harrison County including the current contracts we hold for Probation, Community Corrections and the Detention Facility.

Evidenced Based Programs and Practices Workgroup

Up until October of 2019, MeriBeth continued to sit on a state workgroup for Evidence Based Programs and Practices – a committee responsible for helping to recommend the direction of prevention in the state including programs, policies and practices that Indiana considers to be evidence-based. However in October this group was dissolved by the Division of Mental Health and Addictions.

Systems of Care

Our Place participates in the Systems of Care. The SOC is a local coordinated system of care for Clark and Floyd County at-risk children and youth with significant behavioral health challenges or co-occurring disorders. The SOC is a multi-agency project to include; mental health providers/specialists, Juvenile Justice, Department of Education, Department of Child Services, local first responder teams and government officials, in conjunction with family members as representative of the SOC's target population. The SOC is in the planning stages of development, and Kimberly Chumbley attends this meeting monthly. The SOC is designed to organize a coordinated network of a broad, flexible array of effective services and supports for a defined population. It integrates care planning and management across multiple agencies and has a supportive policy and management infrastructure.

Align-Southern Indiana

This project is sponsored through the local community foundations in our region including the Community Foundation of Southern Indiana and the Horseshoe Foundation of Floyd County. These funders are looking for ways to streamline community initiatives (in our five county region of Clark, Floyd, Harrison, Scott and Washington) that address targeted issues in an attempt to avoid duplication and maximize the use of resources. MeriBeth and Jene Bridgewater from the Scott County Partnership have been co-chairing the Addictions Prevention team (one of targeted concerns). They are tasked with creating a plan to help address addiction prevention in the five counties within our region. After a review of data and need, it was identified that a priority should be to get all local school districts to offer evidence based prevention programming. Work is under way to pilot test 6th grade programming in Washington County schools (East Washington and Salem Community). Part of this work is to also advocate that all school participate in the Indiana Youth Survey – providing data needed for program planning and evaluation. A second initiative just getting started with this team is the "roll out" of Trauma Informed Care training in partnership with the Prevent Child Abuse Committee. This team will continue to identify additional efforts needed to address addiction within the region.

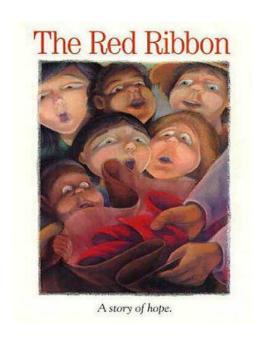
Special Events

The Jamey Aebersold Spirit of the Red Ribbon Dinner

This year we hosted the 8th Annual Jamey Aebersold Spirit of the Red Ribbon Awards Dinner on Wednesday, April 17, 2019. The Spirit of the Red Ribbon Awards acknowledges those who have made a significant contribution towards the education, prevention, intervention and treatment of drug and alcohol abuse in our community year round. This is a devastating problem for many families and while the tragedies often get acknowledged, the everyday work of those trying to prevent and intervene with this issue is often overlooked. The awards are given in honor of Jamey Aebersold and his continued commitment in this area.

This year's award recipients are: Jeff Skaggs, Enforcement /Justice, Harrison County; Kelly Dean Social Services/Recovery, Scott County; Tom Newton, Community Volunteer, Floyd County; Ginny Weigleb, Faith-Based/Business, Clark County; Katie Fahy, Education, Floyd County; and Rosie Morehous, Youth Support Services, Washington County.





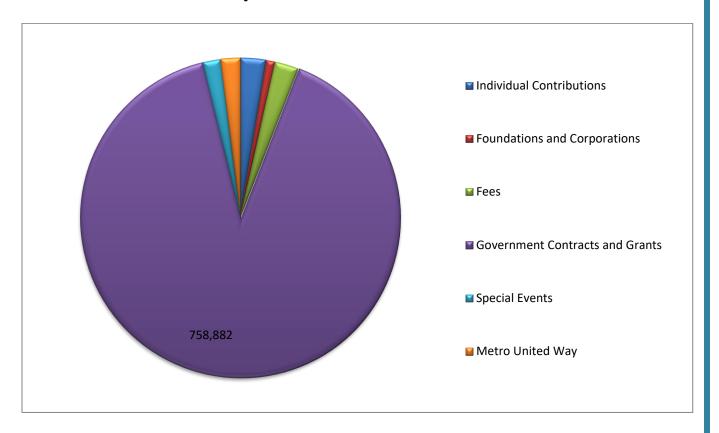
Milestones:

- ✓ Our Place served 6,471 youth and adults in direct evidenced based programs.
- ✓ Our Place reached over 60,000 community members with prevention messaging environmental strategies.
- ✓ Neta White took over as the Program Coordinator for the Clark County Partnership for Success underage drinking grant. She is replacing Kimberly Chumbley, who took over the Program Coordinator's position for the Intervention Services, a position left vacant when Donnie Willis took a position with another organization.
- ✓ We welcome Angie Schindler who was hired to take over LifeSkills program provision in Clark County.
- ✓ Tina Hamilton, our Tobacco Prevention Coordinator, was recognized by the American Cancer Society for her efforts go Tina!
- ✓ Work continued in Harrison County we welcomed Payton Kruer as a part time counselor, filling a vacancy when Kristen Delaney vacated that position.
- ✓ Board recruitment continues to be successful as we welcomed new board members Patrick Casper, Jacob Lyons and Brandon Wiseheart.

Issues/Opportunities for Our Place:

- ➤ Our Place must continue to seek out ways to sustain programming due to changes at the state level that may reduce or end some of the direct prevention funding we have had.
- Our Place will continue to build upon partnerships in Harrison County to expand the outreach services to serve Department of Child Service and Juvenile Justice referrals. This may necessitate moving current Harrison County office to a larger location (leasing or buying).
- ➤ It will always be necessary for the Our Place Board of Directors to identify and carry out fundraising initiatives. The Board of Directors as a whole is encouraged to embrace the responsibility of fundraising.
- ➤ Our Place needs to continue seeking ways to build awareness of the programs and services offered by Our Place.
- Our Place must continue to seek ways to find, develop and retain qualified licensed and certified staff.
- ➤ Our Place must continue to seek out opportunities to partner with other organizations in order to: 1) reach targeted populations; 2) strengthen impact and outcomes of programs; 3) share funding when practical and appropriate.

Financial Review for Fiscal year 2018-2019



- 1) Individual Contributions \$21,512 (3%)
- 2) Foundations/Corporations \$7,600 (1%)
- 3) Fees \$20,240 (2%)
- 4) Government Contracts and Grants \$758,882 (90%)
- 5) Special Events \$15,305 (2%)
- 6) MUW \$16,618 (2%)

Total Income = \$840,157

2018-2019 Fiscal Year Revised and voted on 9/12/18

12 Months Actual

Revenue

Jamey Aebersold - Billboards
Early Intervention Program Fees
Metro United Way - Footprints for Life
Afterschool ROCK Fees
DCS Grant - New Hope- FPL
Floyd Co. ATOD - EIP Program
Donations
Footprints for Life/PTO donations
Outpatient Fees
Clark Co. Coalition-Journey
Horseshoe Foundation
New Beginnings/Families in Transition Fees
DCS Grant - EIP Program
ITPC - 2017-2019
Redevelopment Commission - Afterschool
Floyd Co. SABG
PFS - Clark Co.
PFS - Floyd Co.
NAFC Schools - RFF - EIP/Outpatient
21st Century Grant - BTS-Slate Run Only
Clark Co. SABG - FPL
Community Foundation of So. Indiana
Annual Campaign Income
Harrison Co. SAPC - FPL Grant
Washington Co. LCC - LifeSkills
Tri Kappa
Harrison Co. Contracts
Floyd Memorial Foundation
Total Revenue

\$	14,700
\$	14,289
\$	16,618
\$	2,660
\$	21 125
\$	3,096
\$	6,812
\$	1,200
\$	560
\$	3,096 6,812 1,200 560 1,750
\$	_
\$	2,731
\$	2,731 62,452
\$	45,000 5,000 255,500 119,000
\$	5,000
\$	255,500
\$	119,000
\$	119,000
\$	2,940
\$	
\$	20,000 5,000
\$	5,000
\$	-
\$	5,000
\$	3,398
\$\\ \\$\\ \\$\\ \\$\\ \\$\\ \\$\\ \\$\\ \\$\\	400
\$	95,621
\$	5,000 3,398 400 95,621 1,000
\$	824,853

2018-2019 Fiscal Year Revised and voted on 9/12/18

Expenses
Wages
Employee Benefits
Payroll Taxes
Professional Fees
Office/Educational Supplies
Telephone
Postage
Utilities
HEL Interest
Jamey Aebersold - Billboards
Printing/Advertising - Agency
Travel/Mileage
Staff Trainings
Program Expenses inc. EBP
Dues & Subscriptions
Fundraising Expense
Insurance
Miscellaneous-includes bank charges
Program Equipment
Paychex
Urine Drug Screens
Building Expenses
Total Expenses
Difference

12 Months Actual

\$	539,983
\$	36,034
\$	41,625
\$	26,016
\$	8,414
\$	3,538
\$	103
\$	19,566
\$	754
\$	14,700
\$	4,343
\$	10,966
\$	5,422
\$	73,671
\$	141
\$	4,771
\$	12,806
\$	415
\$	14,504
\$	4,215
\$	9,311 795
\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	795
\$	832,092

12 months year to date 5 15,305

(7,239)

\$

Revenue

Special Events (incl. Red Ribbon Event)
Kroger and Amazon

Total Income vs. Expenses

\$ 8,066

Proposed 2019-2020 Fiscal Year Revenue Early Intervention Program Fees 10,000 Metro United Way - Footprints for Life \$ 15,300 \$ 2,700 Afterschool ROCK Fees DCS Grant - Ireland Home Based Services- FPL \$ 21,125 \$ Floyd Co. ATOD - EIP Program 2,500 **Donations** \$ 6,000 Footprints for Life/PTO donations 1,200 **Outpatient Fees** 1.000 Clark Co. Coalition-Journey \$ 3,000 \$ Horseshoe Foundation - Afterschool 12,711 \$ New Beginnings/Families in Transition Fees 3,000 DCS Grant - EIP Program 45,000 \$ ITPC - 2019-2020 70,000 Redevelopment Commission - Afterschool \$ 3,500 \$ 254,000 Floyd Co. SABG PFS - Clark Co. \$ 119,000 \$ PFS - Floyd Co. 119,000 NAFC Schools - EIP/Outpatient \$ 2,500 Clark Co. SABG - FPL 20,000 Community Foundation of So. Indiana \$ 5,000 Annual Campaign/GLL campaign \$ 6,000 Harrison Co. SAPC - FPL Grant 5,000 \$ Tri Kappa 300 Harrison Co. Contracts \$ 95,500 Samtec Cares - Afterschool Rocks 1.000 824,336 **Total Revenue**

Blue - has been written
Red - proposed
Black - confirmed

2019-2020 Fiscal Year		Proposed	
Expenses			
Wages	\$	575,183	
Employee Benefits	\$	38,658	
Payroll Taxes	\$	44,002	
Professional Fees	\$	17,000	
Office/Educational Supplies	\$	6,000	
Telephone	\$	4,000	
Postage	\$	500	
Utilities	\$	20,000	
HEL Interest	\$	1,000	
Printing/Advertising - Agency	\$	4,500	
Travel/Mileage	\$	13,000	
Staff Trainings	\$	6,250	
All Program Expenses	\$	50,000	
Dues & Subscriptions	\$	300	
Fundraising Expense	\$	6,000	
Insurance	\$	14,000	
Miscellaneous-includes bank charges	\$	500	
Program Equipment	\$	15,500	
Paychex	\$	4,500	
Urine Drug Screens	\$	9,000	
Building Expenses	\$	5,000	
Total Expenses	\$	834,893	
Difference	\$	(10,557)	

Revenue

Special Events (incl. Red Ribbon Event)	\$ 13,000
Kroger and Amazon	

Our Place Drug and Alcohol Education Services, Inc.

Mission Statement

Our Place's mission is to provide education, prevention, intervention and treatment services for individuals of all ages, families, organizations and communities who are presently or potentially impacted by alcohol, tobacco and other drug abuse.

We believe...

...in family.

...that it is everyone's birthright to develop to his or her greatest potential.

...that people need help to change but can do so through education, experiences and support.

...that change takes place through active participation

...in health lifestyles.

Vision Statement

The vision of Our Place is to provide a continuum of services that will meet the needs of the communities we serve, act as a technical resource to other agencies, and be a catalyst in the development and research of comprehensive prevention and intervention services throughout the region.

The Programmatic Goals of Our Place are to:

- 1) Provide prevention, intervention and treatment services that are developmentally appropriate, culturally responsive, evidenced based and reflect a continuum of care;
- 2) do so with a qualified, committed staff;
- 3) Remove barriers to allow access to services; and
- 4) Provide technical assistance to schools, employers and community agencies.

The 2020 goals of Our Place are to:

- Provide prevention, intervention and treatment services where need is documented, that are developmentally appropriate, culturally responsive, evidenced based and reflect a continuum of care;
 - Requires staff development, continued evaluation and research of programming to ensure good fit, program fidelity, direct services versus environmental strategies
- 2) Provide those services with a qualified, committed staff;
 - Provide opportunities for internships, review funding and salary structure/benefits package, staff evaluations done on an annual basis and tied to incentives
 - ➤ All prevention staff will obtain Certified Prevention Specialist
 - ➤ All treatment staff will obtain state license
- 3) Remove barriers to allow access to services;

What are the barriers?

- Awareness of who we are and the services available,
- Funding, Transportation, Childcare, sufficient staffing resources.
- 4) Provide technical assistance to schools, employers and community agencies.
 - Lunch and learns for Community, and other networking opportunities that allow us to share our expertise.
 - ➤ Continue working with Schools PTO, School resource officers, teachers, counselors and Administration including School Board to provide staff in services, parent forums, and be available to act in advisory capacity regarding policies and programs.
 - Employer outreach once a year educational outreach, presentations as appropriate.

